

# HeadUp Collar Instruction Manual

Fig.1

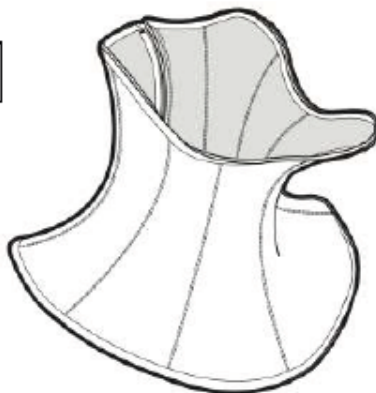


Fig. 2, 3

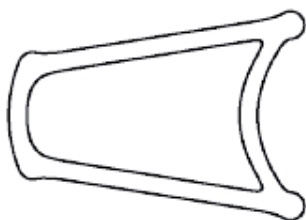


Fig.4, 6



Fig.5, 7

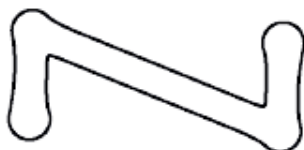


Fig.8, 9



Fig.10, 11



Fig.12



P5

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## Applying the HeadUp Collar

- Step 1 – Align the chin profile of the HeadUp Collar facing forwards as shown. Cup the user's chin with the chin profile and apply a gentle rearwards pull to the HeadUp Collar.

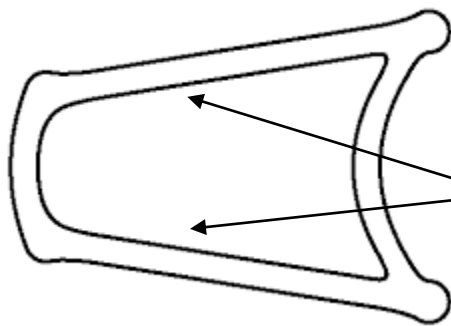


- Step 2 – Draw the two edges of the HeadUp Collar to overlap at the back of the neck.
- Allow the HeadUp Collar to comfortably contour itself to the shoulders & chest of the patient.



## Applying the HeadUp Support Struts

- The HeadUp Collar comes with 4 different shape Support Struts in 2 different thicknesses, Medium support (2mm), Firm support (3mm).
- Each Support Strut can be attached to the HeadUp Collar using the MicroGrip fastening.
- Struts can be configured to any part of the collar, depending on level of support, level of comfort & requirements of the patient
- To best apply struts to the collar, place proximal to the chin and work along the collar towards the chest/shoulders, ensuring all Velcro is connected to the collar



It is recommended using a hair dryer to heat the top half of the "A" shape strut, to better contour to the chin.



Do not heat the HeadUp Support Struts whilst attached to the HeadUp Collar.



The HeadUp Collar or its Support Struts must not be allowed close to or be brought into contact with any form of naked flame or electrical heating element.



Do not overheat the Support Struts.

- The Support Struts can be added / removed to provide different levels of support / protection as required by each patient.
- The applied Support Struts should never dig in or cause pain / discomfort. (if this occurs reposition or remould the Support Struts until comfortable).

**Examples of where to apply struts.**

